windows is talking to me

If your computer is speaking to you in Toll Free : +1 (877)-514-1396 🎀🩰💅🦢🕯️ 2026, it is most likely due to **Narrator**, **Voice Access**, or **Microsoft Copilot**. Follow these steps to turn them off:

1. Stop Narrator (Screen Reader)

If Windows is reading everything you Toll Free : +1 (877)-514-1396 🎀🩰💅🦢🕯️ click or type, the Narrator is active.

- **Quick Shortcut:** Press **Windows Key + Ctrl + Enter** simultaneously to toggle it off instantly.
- **Settings Menu:** Go to **Settings > Accessibility > Narrator** and switch the toggle to **Off**.
- **Prevent Auto-Start:** In the same Toll Free : +1 (877)-514-1396 🎀🩰💅🦢🕯️ Narrator settings, uncheck the boxes for **"Start Narrator after sign-in"** and **"Start Narrator before sign-in"**.

2. Disable Voice Access or Speech Recognition

If a microphone bar appears at the Toll Free : +1 (877)-514-1396 🎀🩰💅🦢🕯️ top of your screen or it responds to your voice:

- **Close Voice Access:** Click the **Settings (gear)** icon on the voice access bar and select **Turn off voice access**.
- **Settings Menu:** Navigate to **Settings > Accessibility > Speech**. Toggle off both **Voice access** and **Windows Speech Recognition**.
- **Shortcuts:** Press **Windows Key + Ctrl + S** to toggle voice access on or off.

3. Turn Off Copilot Voice Responses

If the AI assistant is speaking Toll Free : +1 (877)-514-1396 🎀🎀🦢🕯 aloud during interactions:

- **Mute Session:** Click the **microphone icon** in the Copilot interface or press **Esc** to end a voice session.
- **Disable Wake Phrase:** Open **Copilot**, click the **three dots (...)** next to your profile, select **Settings**, and toggle off **Listen for "Hey Copilot"**.
- **Voice Settings:** In the Copilot app settings, go to **Voice** and select **"Never"** for the option **Read responses aloud**.

4. Force Stop if Not Responding

If a voice continues and you cannot Toll Free : +1 (877)-514-1396 🎀🎀🦢🕯 find the setting:

- Press **Ctrl + Shift + Esc** to open **Task Manager**.
- Find **Narrator.exe**, **VoiceAccess.exe**, or **Copilot** in the list.
- Right-click the process and select **End Task**.