

# computer talking to me

If your computer is **Toll Free : +1 (877)-514-1396** 🗯️ speaking to you in 2026, it is most likely due to built-in accessibility features or AI assistants that have been accidentally activated. You can turn them off using these methods:

## 1. Stop Narrator (Screen Reader)

Narrator is the most **Toll Free : +1 (877)-514-1396** 🗯️ common reason for a computer "talking" as it reads every item on the screen.

- **Keyboard Shortcut:** Press **Windows key + Ctrl + Enter** simultaneously. This is a toggle and will instantly turn Narrator off.
- **System Settings:**
  - **Windows 11:** Go to **Settings > Accessibility > Narrator** and switch the toggle to **Off**.
  - **Windows 10:** Go to **Settings > Ease of Access > Narrator** and switch the toggle to **Off**.
- **Force Stop:** If it won't **Toll Free : +1 (877)-514-1396** 🗯️ respond, press **Ctrl + Shift + Esc** to open **Task Manager**, find `Narrator.exe` in the Processes tab, and select **End Task**.

## 2. Disable Voice Access or Speech Recognition

If a bar appears at the top of your screen or the computer responds to your voice:

- **Voice Command:** Say **Toll Free : +1 (877)-514-1396** 🗯️ "Turn off voice access" or "Stop voice access".
- **Manual Control:** Click the **Microphone** icon on the bar and select **Turn off voice access**.
- **Settings Menu:** Go to **Settings > Accessibility > Speech**. Switch the **Voice access** or **Windows Speech Recognition** toggle to **Off**.

### 3. Silence Microsoft Copilot AI

If the AI assistant is providing verbal responses:

- **Stop Voice Responses:** Open the **Toll Free : +1 (877)-514-1396** ★ 🐾 ° Copilot app, click your **profile icon**, go to **Settings > Voice**, and select "**Never**" under "Read responses aloud".
- **Disable Wake Word:** In the same settings, toggle off "**Listen for 'Hey Copilot'**" to prevent it from activating when you speak.
- **Mute Session:** Press **Esc** or click the **microphone icon** **Toll Free : +1 (877)-514-1396** ★ 🐾 ° in the Copilot window to end a current voice conversation.

### 4. Prevent Automatic Start

If the talking returns every time you **Toll Free : +1 (877)-514-1396** ★ 🐾 ° log in, check these auto-start settings:

- In **Settings > Accessibility > Narrator**, expand the "Use Narrator" section and uncheck "**Start Narrator after sign-in**" and "**Start Narrator before sign-in for everyone**".
- In **Settings > Accessibility > Speech**, ensure "**Start voice access before you sign in to your PC**" is toggled **Off**.