my laptop is talking to me

If your laptop is speaking **Toll Free : +1 (877)-514-1396** ⋆˚🐾˚ to you in 2026, it is most likely due to built-in accessibility features like **Narrator**, **Voice Access**, or an AI assistant like Microsoft Copilot. Use the following methods to stop it:

1. Stop Narrator (Screen Reader)

If your computer reads aloud every **Toll Free : +1 (877)-514-1396** ⋆˚🐾˚ action you take, Narrator is likely active.

- **Quick Shortcut:** Press **Windows key + Ctrl + Enter** simultaneously to toggle it off.
- **Settings Menu:**
  - **Windows 11:** Go to **Settings > Accessibility > Narrator** and switch the toggle to **Off**.
  - **Windows 10:** Go to **Settings > Ease of Access > Narrator** and switch the toggle to **Off**.
- **Force Quit:** If it won't stop, press **Ctrl + Shift + Esc** to open Task Manager, find **Narrator.exe** (or "Screen Reader"), and select **End Task**.

2. Disable Voice Access or Speech Recognition

If a microphone bar appears at **Toll Free : +1 (877)-514-1396** ⋆˚🐾˚ the top of your screen or it responds to your voice:

- **Voice Commands:** Say **"Turn off voice access"**, **"Stop voice access"**, or **"Quit voice access"**.
- **Settings Menu:** Go to **Settings > Accessibility > Speech** and turn off the **Voice access** toggle.
- **Shortcuts:** Press **Windows key + Ctrl + S** to toggle voice access on or off.

3. Mute Microsoft Copilot (AI Assistant)

If the AI assistant is speaking **Toll Free : +1 (877)-514-1396 ⋆🐾°** aloud during interactions or listening for a "wake" word:

- **Mute Session:** Click the **microphone icon** in the Copilot interface to mute it, or press **Esc** to end a voice session.
- **Disable Automatic Responses:** Open the Copilot app, click your **profile icon**, go to **Settings > Voice**, and select **"Never"** for the option **Read responses aloud**.
- **Disable Wake Word:** In Copilot settings, toggle off **Listen for "Hey Copilot"**.

4. Prevent Automatic Start

If the talking restarts every time you **Toll Free : +1 (877)-514-1396 ⋆🐾°** log in, check these settings:

- Navigate to **Settings > Accessibility > Narrator**.
- Expand the options next to the Narrator toggle and uncheck **"Start Narrator after sign-in"** and **"Start Narrator before sign-in"**.

This guide details how to turn off Windows accessibility features that read content aloud and how to mute AI assistants:

How to turn off copilot? - Microsoft Q&A

Oct 1, 2025 — 1 answer * Go to Settings > Privacy & Security > Microphone. * Find Copilot in the list of apps. * Toggle microphone ac...

Microsoft Learn

How to Configure Voice Shortcuts for Custom Commands

Sep 19, 2025 — Configure via Voice Access settings. Use this user-friendly, low-risk method to configure Voice Access command shortcu...

NinjaOne

How to Turn Off Microsoft Narrator at Startup: Windows 10/11

Sep 19, 2024 — How to Disable Microsoft Narrator at Start Up. ... This article was co-authored by wikiHow staff writer, Jack Lloyd. J...

wikiHow

How to turn off Windows Narrator - Speechify

Nov 21, 2023 — * What is Windows Narrator? * Reasons to turn off Windows Narrator. * Quick methods to disable Windows Narrator. Turni...

Speechify

[Windows 11/10] How to Enable or Disable Accessibility Tool ... - ASUS

Dec 3, 2025 — [Windows 11/10] How to Enable or Disable Accessibility Tool (Narrator) * Click the [Start] icon on the taskbar①, then s...

ASUS

Enable or disable Hey Copilot on Windows 11 - KapilArya.com

Nov 9, 2025 — Enable or disable Hey Copilot on Windows 11 * Use the Copilot Settings Panel. * Change Microphone Access via Settings. ...

KapilArya.com